

Nichols School

January 2008

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|--|--|--|
| | 1 NEW YEAR'S DAY | 2 | 3 | 4 |
| Chicken Patty Sandwich Seasoned fries Lettuce, tomato Cheese, veggies Cookies 7 | Lasagna roll ups Mixed veggies Rolls, w/margarine Salad bar Jell-O cake 8 | Pierogies Vegetables, rolls Gravy, sautéed Onions, mushrooms Cheese cake 9 | Beef Goulash, Pasta in red sauce, Mixed vegetables Rolls, margarine Brownies 10 | Grilled cheese Pasta salad Potato chips Vegetables Nutty buddies 11 |
| Chicken Fajita's Peppers and onions Rice & beans Guacamole Jell-O with topping 14 | Hamburger on a bun vegetable patty French fries Lettuce, tomato & Cheese Peanut butter brownies 15 | Hot Dogs Tater tots Chili, Sauerkraut Chopped Onions Cherry Cobbler 16 | Meatloaf, rolls Mashed potatoes Gravy, green beans Egg plant parmesan Lemon Bars 17 | Fish sandwich Vegetables, Fries, Coleslaw, Tarter Sauce, Sundae crunch bar 18 |
| 21 MARTIN LUTHER KING JR. DAY | Chicken Souvlakia Pita bread, tomatoes Feta cheese, lettuce Greek Pasta salad Chocolate mousse 22 | Chicken Tenders Roasted red potatoes Salad bar Mixed vegetables Apple Pie 23 | Chicken sandwich Cajun or plain Au gratin potatoes Vegetables Peach pie with topping 24 | Meatballs and penne pasta in red sauce Rolls, Mixed vegetables Ice cream bar 25 |
| Chicken Nuggets Baked potato Veggies Salad bar Marble cake 28 | Taco bar, beef Flour tortillas or Hard shells, lettuce Tomatoes, sour cream, Salsa, Beans, rice Oreo Bread 29 | Turkey and Noodles Mixed vegetables Salad bar Rolls with margarine Blueberry cheese cake 30 | Meatball Subs Eggplant parmesan Pasta salad Mixed vegetables Lemon cake 31 | |

A La Carte

Daily selections include:
 Soup station
 Salad bar, 26 random items
 Deli meats
 Tuna salad
 Plain tuna
 Sliced breads
 Peanut butter & jelly
 Granola
 Milk: skim, 2%, whole
 Chocolate
 Beverage dispenser
 Bananas
 Apples

School News

Jan 7 Classes Resume
 Jan 21 School closed
 Jan 22-25 US Mid-Year Exams